

# Houston Endocrine Center

5039 FM 2920, Spring, TX - 77388 • Phn: (832)862-3236 • Fax: (949)862-8753

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## Patient Registration Form

Name \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_  
Street City State Zip

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Marital Status \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Cell \_\_\_\_\_

Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Ref Physician: \_\_\_\_\_

## Guarantor Information

Guarantor Name \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_  
Street City State Zip

Guarantor Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Relationship to Patient \_\_\_\_\_ Phone \_\_\_\_\_

## Insurance Information

Primary Insurance \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_ Phone# \_\_\_\_\_

Secondary Insurance \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_ Phone# \_\_\_\_\_

## Emergency Contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship \_\_\_\_\_

### FOR ALL PATIENTS:

Assignments of insurance benefits and authorization for release of information:  
(Please read carefully and sign below).

I hereby authorize my insurance benefits to be paid directly to the physician and I am financially responsible for the non-covered services. I also authorize the physician to release any information required to process all insurance claims.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

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## Confidential Information Release Form

I, \_\_\_\_\_, do hereby authorize Dr. Zubair B Mirza and his office staff to release confidential medical/billing information concerning my health or account in my absence to the family member or associate listed below. Furthermore, I will not hold Dr. Zubair B Mirza or any member of his staff responsible for the release of my personal medical information or billing record.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Init \_\_\_\_ May we leave a message on your personal voicemail reminding you of appointments? YES NO (circle one)

Init \_\_\_\_ May we leave a message with any person that would answer the telephone at your home reminding you of an upcoming appointment? YES NO (circle one)

Init \_\_\_\_ I AM AWARE THAT IT IS MY RESPONSIBILITY TO KEEP MY APPOINTMENT AND THAT CANCELLATIONS MUST BE MADE AT LEAST 24 HRS IN ADVANCE OR A \$25 FEE WILL BE CHARGED BEFORE I WILL BE ALLOWED TO BE SEEN BY THE DOCTOR.

\_\_\_\_\_  
Signature of patient

\_\_\_\_\_  
Witnessed by

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

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## Medical Records Release

I authorize \_\_\_\_\_ to (circle one) release to:/receive from:

\_\_\_\_\_  
Doctor or Organization Phone # Fax #

\_\_\_\_\_  
Address Street City State Zip

\_\_\_\_\_  
Patient's Name Date of Birth

### Information/Copies to Be Released (Check All That Apply)

- |   |   |  |                              |
|---|---|--|------------------------------|
| <input type="checkbox"/> Emergency Room           | <input type="checkbox"/> Radiology Reports            | <input type="checkbox"/> Lab Work                | <input type="checkbox"/> H&P |
| <input type="checkbox"/> Drug/Alcohol information | <input type="checkbox"/> Pathology Report             | <input type="checkbox"/> Billing records         |                              |
| <input type="checkbox"/> Consultations            | <input type="checkbox"/> Discharge Summary            | <input type="checkbox"/> Psychiatric Information |                              |
| <input type="checkbox"/> All Records              | <input type="checkbox"/> Other (please explain) _____ |  |                              |

### Purpose of Release of Information:

- Continued Care    Attorney/Litigation    Insurance    Disability Service    Other

I understand that I may revoke this authorization in writing at any time, except to the extent that action has been taken in reliance on it and that even this authorization shall expire 1 year from the date of my signature, unless specified in writing here:

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I understand that if the recipient authorized to receive the information is not a covered entity, e.g. insurance company or non-health care provider the release information may no longer be protected by federal and state privacy regulations. TO THE PARTY RECEIVING THIS INFORMATION; this information has been disclosed to you from records whose confidentiality may be protected by federal law. If so, a federal regulation (42 CFR, Part 2) prohibits you from making any further disclosures of it without specific written consent of the person whom it pertains, other information is no sufficient for this purpose. FOR PATIENT RECORDS APPLICABLE UNDER FEDERAL LAW 42 PART 2

\_\_\_\_\_  
Signature of Patient or Legally Authorized Representative Date

\_\_\_\_\_  
Printed Name of Patient or Legally Authorized Representative

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## Medical History

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Family History: Diabetes High Blood Pressure Stroke Heart Disease  
Arthritis Cancer Other: Please List: \_\_\_\_\_

Social History: Occupation: \_\_\_\_\_

Do you smoke? Yes No (circle one) If so, How often? \_\_\_\_\_

Do you consume alcohol? Yes No (circle one) If so, How often? \_\_\_\_\_

Have you used social drugs in the past? (Marijuana, etc.) Yes No (circle one)

Past Medical History: \_\_\_\_\_

- |  |   |   |  |   |
|--|---|---|--|---|
| <input type="checkbox"/> Measles                   | <input type="checkbox"/> Chicken Pox                  | <input type="checkbox"/> Tuberculosis               | <input type="checkbox"/> Migraines         | <input type="checkbox"/> Diabetes       |
| <input type="checkbox"/> Glaucoma                  | <input type="checkbox"/> Cataracts                    | <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Heart Attack      | <input type="checkbox"/> Stroke         |
| <input type="checkbox"/> Hepatitis                 | <input type="checkbox"/> Gall Stones                  | <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Mumps             | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Thyroid Disease           | <input type="checkbox"/> Rheumatic Fever              | <input type="checkbox"/> Hypertension               | <input type="checkbox"/> Seizures/Epilepsy |   |
| <input type="checkbox"/> Depression/ Anxiety       | <input type="checkbox"/> Sexually Transmitted Disease | <input type="checkbox"/> Degenerative Joint Disease |  |   |
| <input type="checkbox"/> Rheumatoid Arthritis/Gout | <input type="checkbox"/> Emphysema/Chronic Bronchitis |   |  |   |

Please list all surgeries \_\_\_\_\_

Please list all hospitalization \_\_\_\_\_

Please list all allergies \_\_\_\_\_

### PLEASE CHECK ALL SYMPTOMS BELOW

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Heart burn/stomach pain | <input type="checkbox"/> Excessive Weight Loss    | <input type="checkbox"/> Muscle weakness         |
| <input type="checkbox"/> Excessive Weight Gain   | <input type="checkbox"/> Nausea/ Vomiting         | <input type="checkbox"/> Tender points in muscle |
| <input type="checkbox"/> Headache                | <input type="checkbox"/> Gastric ulcers           | <input type="checkbox"/> Insomnia                |
| <input type="checkbox"/> Double Vision           | <input type="checkbox"/> Constipation             | <input type="checkbox"/> Hoarseness              |
| <input type="checkbox"/> Sinus Trouble           | <input type="checkbox"/> Diarrhea                 | <input type="checkbox"/> Swelling of ankles/legs |
| <input type="checkbox"/> Hay Fever/ Allergies    | <input type="checkbox"/> Frequent urination       | <input type="checkbox"/> Easy Bruising           |
| <input type="checkbox"/> Chest Pain              | <input type="checkbox"/> Burning during urination | <input type="checkbox"/> Blood in Sputum         |
| <input type="checkbox"/> Palpitations            | <input type="checkbox"/> Blood in Urine           | <input type="checkbox"/> Joint Pain              |
| <input type="checkbox"/> Dizziness               | <input type="checkbox"/> Excessive Thirst         | <input type="checkbox"/> Joint Swelling          |
| <input type="checkbox"/> Fainting Spells         | <input type="checkbox"/> Depression/Anxiety       | <input type="checkbox"/> Numbness                |
| <input type="checkbox"/> Weakness                | <input type="checkbox"/> Dryness/ Redness of Eyes | <input type="checkbox"/> Skin Rash/ sores        |
| <input type="checkbox"/> Chronic Cough           | <input type="checkbox"/> Joint Stiffness          | <input type="checkbox"/> Back Pain               |
| <input type="checkbox"/> Wheezing                | <input type="checkbox"/> Shortness of Breath      | <input type="checkbox"/> Fever                   |

List of medications \_\_\_\_\_

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## Referral Responsibility

If your insurance plan requires a referral from your PCP to see a specialist, it is patients' responsibility to obtain referral and maintain the active status of the referral.

You will not be seen by **Dr. Zubair B Mirza** without a valid referral. Responsibility for payment will fall directly upon the patient for any invalid or outdated referrals.

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Signature of Patient or Legally Authorized Representative

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Date

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Print Name of Patient or Legally Authorized Representative

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Relationship to Patient

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## Consent To Use and Disclose Protected Health Information

### How We May Use and Disclose Your Health Information

Your protected health information will be used by Dr. Zubair B Mirza, or disclosed to other for the purposes of treatment, obtaining payment, or supporting the day to day health care operation of the practice.

### The Notice of Privacy Practices

Dr. Zubair B Mirza is required to provide you a notice that describes how information about you may be used and disclosed. Additionally we must provide you information of how you may get access to this information. These policies and practices are defined in the "Notice of Privacy Practices". PLEASE REVIEW CAREFULLY

### Restrictions on the Use or Disclosure of Your Health Information

You may request a restriction on the use or disclosure of your protected health information. However, Dr. Zubair B Mirza may or may not agree to your request to restrict the use or disclosure of your protected health information. You may be asked to complete an authorization to activate this request. Please consult with a practice representative if you would like additional informational clarification. It is a violation of the federal privacy standard if Dr. Zubair B Mirza agrees and fails to comply with your request. The restrictions requested will not affect use and disclosure of your information before the date of your request. If you still questions after reviewing the Notice of Privacy Brochure, please consult with a practice representative at the office location.

### You May Revoke This Consent at Anytime

You may revoke this consent at any time; however, Dr. Zubair B Mirza requires that you must revoke this consent in writing. If you choose to revoke this, consent, the revocation will not affect use and disclosure of your information before the date of your request.

### Changes to Privacy Practices

Dr. Zubair B Mirza reserves the right to change or modify the privacy practices outlined in the Notice of Privacy Brochure. Dr. Zubair B Mirza will notify you of any changes of privacy practices either by mail, at your next appointment, or any other pre-approved method that you require.

### Signature

I have reviewed this consent form, received the brochure entitled "Notice of Privacy Practices" and given my permission to Dr. Zubair B Mirza to use and disclose my health information in accordance with this consent and the notice provided.

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Signature of Patient, Legally Authorized Representative

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Date

---

Printed Name of Patient, Legally Authorized Representative

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Relationship to Patient

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## Notice of Privacy Practices

### Our Legal Duty

We are required to protect the privacy of health information about you, which we call “protected health information” or “PHI” for short. We must give you notice of our legal duties and privacy practices concerning PHI:

- We must protect PHI that we have created or received about your past, present or future health condition, health care we provide to you or payment for your health care.
- We must notify you about how we protect PHI about you.
- We must explain how, when and why we use and /or disclose PHI about you.
- We may only use and/or disclose PHI as we have described in this Notice.

We are required to follow the procedures in this Notice. We reserve the right to change the terms of this Notice and to make new notice provisions effective for all PHI that we maintain by first:

- Posting the revised notice in our office.
- Making copies of the revised notice available upon request: and
- Posting the revised notice in our waiting area.

### Use and Disclosure of Your Medical Information

1. We may use and disclose PHI about you to provide health care treatment to you. We may use and disclose PHI to provide, coordinate, or manage your healthcare and related services.
2. We may use and disclose PHI about you to obtain payment for services. Generally, we may use and give your medical information to others to bill and collect payment for the treatment and services provided to you.
3. We may use and disclose your PHI for healthcare operations. We may use and disclose PHI in performing business activities, which we call “healthcare operations”. These “healthcare operations” allow us to improve the quality of care we provide and reduce healthcare costs.
4. We may use and disclose PHI under other circumstances without your authorization. We may use and /or disclose PHI about you for a number of circumstances in which you do not have to consent, give authorization, or otherwise have an opportunity to agree or object. Those circumstances include:
  - Court Orders and Judicial Proceedings.
  - Public Health Activities.
  - Victims of Abuse, Neglect, or Domestic Violence.
  - Disaster Relief.
  - Funeral Director, Coroner, Medical Examiner.
  - Research in Limited Circumstances.
  - Law Enforcement.
5. Unless you object, we may use or disclose PHI about you in the following circumstances:

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- We may share with a family member, relative, friend or other person identified by you directly related to that person's involvement in your care or payment of your care.
  - We may share with a family member, personal representative or other person responsible for your care PHI necessary to notify such individuals of you location, general condition or death.
  - We may share with a public or private agency PHI about you for disaster relief purposes. Even if you object, we may still share the PHI about you, if necessary, for the emergency circumstances.
6. We may contact you to provide appointment reminders. We may use and disclose PHI to contact you to provide a reminder to you about an appointment you have for treatment or medical care.
7. We may contact you with information about treatment, services, products or healthcare providers. We may use and/or disclose PHI to manage or coordinate your healthcare. This may include telling you about treatments, services, products and/or other healthcare providers.

## Any Other Use or Disclosure of PHI about You Requires Your Written Authorization

### YOUR INDIVIDUAL RIGHTS

1. You have the right to request restrictions on uses and disclosures of PHI about you.
2. You have the right to request different ways to communicate with you.
3. You have the right to see and copy PHI about you.
4. You have the right to request amendment of PHI about you.
5. You have the right to a listing of disclosures we have made.
6. You have the right to a copy of this notice.

### **You May File a Complaint about Our Privacy Practices**

If you have any questions about this notice or if you think that we may have violated your privacy rights, please contact us.

You may also send a written complaint to the United States Secretary of the Department of Health and Human Services.